

SPA

Valverde Sintra Palácio de Seteais



TREATMENT PRICE LIST

Local Signature Moments	<i>min</i>	<i>price</i>
RECONNECT TO YOUR SOUL SETEAIS	90	170€
THE BRIDAL RITUAL	90	170€
THE JET-LEG RELIEF	90	160€
DETOXIFYING BODY RITUAL	90	185€
ROMANTIC MOMENT SETEAIS (PRICE FOR TWO)	135	380€
COUPLES SPA INDULGENCE (PRICE FOR TWO)	120	340€
COUPLES MASSAGE WORKSHOP (PRICE FOR TWO)	120	495€
SPECIAL MOMENT MOTHER & DAUGHTER (PRICE FOR TWO)	90	290€

Massages

RELAX INDULGENCE MASSAGE (MEDIUM PRESSURE)	60 / 90	110€ / 140€
DEEP-TISSUE MASSAGE	60 / 90	150€ / 190€
AROMATHERAPY MASSAGE	60 / 90	98€ / 127€
HIKER/PERSONALIZED MASSAGE	75	135€
LOMI-LOMI MASSAGE	75	130€
MOTHER TO BE MASSAGE	75	130€
HOT-STONE MASSAGE	90	150€
AGUA HEALING MASSAGE	45	104€

Body Treatments

ORGANIC BODY SCRUB	45	87€
ORGANIC BODY WRAP	60	104€
PERSONALIZED BODY TREATMENT	90	200€
COLARES HEALING TREATMENT (WINE INGREDIENTS)	75	190€

Facial Treatments	<i>min</i>	<i>price</i>
VINOTHERAPY FACIAL	75	130€
SOIN VIP O2 BIOLOGUIQUE RECHERCHE	60	120€
SOIN RESTRUCTURANT ET LISAN B.R.	75	140€
MANS PURIFYING FACIAL B.R.	60	120€
BE-SPOKE BIOLOGIQUE RECHERCHE	75	160€

Complements

BACK, NECK AND SHOULDERS MASSAGE	30	60€
INDIAN HEAD MASSAGE	30	60€
FOOT MASSAGE	30	60€
MINI FACIAL	30	65€
REGENERATING EYE TREATMENT	30	65€

Services Subject to Availability

YOGA CLASS	75	*
CHINESE MEDICINE SECTION	75	*

* For more information please consult the Spa team.



SPA ETIQUETTE

Please arrive 10 minutes before the scheduled time at the Spa reception in order to relax before your treatment, fill in your health form and enjoy your welcome drink.

In the case of late arrivals, we will do our best to try to keep your reservation, but it may be necessary to reduce the duration of the treatment.

You'll find us outside the hotel, in the emblematic gardens of the Seteias Palace. Please come to the treatment area in comfortable, relaxed clothing and avoid wearing a robe and slippers. This area does not have indoor pools, saunas or Turkish baths. Before starting your treatment, you will be given a bathrobe, slippers and everything else necessary for your comfort.

Some treatments are not compatible with exposure to the sun before and/or after your treatment. Ask your therapist about any specific indications for your treatment.

If you are pregnant, have high/low blood pressure, allergies or any medical contraindications, consult your doctor before booking a treatment - and please inform your therapist.

All treatments are aimed at your care and well-being. We work with accredited professionals who undergo continuous training, and we will be happy to personalize and create the best possible experience for you, taking into account all your specific conditions and needs, and using our professionals' knowledge of the most varied holistic areas.

Treatments and massages can be enjoyed by both hotel guests and clients who are not staying with us. The minimum booking is one hour of treatment.

The minimum age to receive treatments at the SPA is 18. However, it is possible to customize and create specific treatments for people under this age, as long as they are supervised by a responsible adult.

Please book in advance to guarantee the date and time of your choice. For clients who are not staying at the hotel, a booking guarantee will be requested, such as credit card details or a prepayment. In the case of guests, the amount will be charged to their account for the stay.

Cancellations made less than 5 hours in advance or no-shows will incur an associated fee of 50% of the value of the treatment booked.

Smoking and cell phone use are not allowed in the Spa area. We will not tolerate any sexual harassment or aggressive behavior towards members of our team.

Any form of harassment, verbal, physical or sexual, will result in legal action. All prices are in euros and subject to 23% VAT, and may be changed without prior notice.

Sincerely,
The Spa Team



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